

Brisket, Kumara + Beets

Ingredients: Beef* (20%), Kumara*, Bone Broth (Water, Chicken Bones*⁺, Beef Bones*⁺, Carrot*, Celery*, Onion*, Parsley*, Garlic*, Thyme*, Peppercorns*, Bay Leaves*), Beetroot*, Cauliflower*, Tomato*, Olive Oil*, Coconut Cream* (contains Thickener (Guar Gum)), Garlic*, Rosemary*, Ginger*, Thyme*, Basil*, Cumin*, Turmeric*, Dried Kelp*

* Organic Ingredient

+ Bones removed

NUTRITION INFORMATION		
Servings per Package:	1	
Serving Size:	110 g	
	Ave Quantity per Serving	Ave Quantity per 100g
Energy	529 kJ	481 kJ
Protein	5.4 g	4.9 g
Fat, total	8.8 g	8.0 g
- saturated	2.6 g	2.4 g
Carbohydrate	6.1 g	5.5 g
- sugars	3.4 g	3.1 g
Sodium	37 mg	34 mg
Potassium	297 mg	270 mg
Iron	2 mg	2 mg