

Pear (Williams and Bosc)

Ingredients: Pear (95%), Water.

NUTRITION INFORMATION		
Servings per Package:	1	
Serving Size:	110 g	
	Ave Quantity per Serving	Ave Quantity per 100g
Energy	219 kJ	199 kJ
Protein	0.3 g	0.3 g
Fat, total	0.1 g	0.1 g
- saturated	0.0 g	0.0 g
Carbohydrate	11.3 g	10.3 g
- sugars	11.3 g	10.3 g
Sodium	2 mg	2 mg
Potassium	124 mg	113 mg